



Migizy Odenaw Mazinaigan

Eagle Village First Nation Community Newsletter

www.evfn.ca

Update from the Chief

I must begin this month's article by acknowledging the hard work and dedication displayed by the organizing committee of Countryfest. The success of this year's event was a result of their commitment to this event. Thank you on behalf of the council and community for showing what we can accomplish when we put our collective efforts forward. I also want to thank staff and the many community members and non-members who volunteered their time to make the event a success, without your help and support there would be no Countryfest. I look forward to working with the organizing committee as we begin preparations for next year's event.

The second topic I would like to discuss is Zibi, which is a Windmill Development massive project in and around Chaudière Falls and Victoria Island in the heart of the city of Ottawa. This development should not proceed as this is unceded Algonquin land. This area holds special significance to the Algonquin People and it is the view of all Algonquin communities that this site must be protected. Only the community of Golden Lake believes this is a good project; but they do not have the right to make that decision by themselves and extinguish all other Algonquin rights to the land. Zibi is a proposed multi use project with approximately 1200 condos and about 3500 dwellings and green space for parks.

The challenge we have is that there have been a few Algonquins who are supportive of this project because of the potential jobs that will be created. This is causing a division in many communities as members understand the need to protect the land but a lot of people are also looking for work. I will continue to oppose this development but I will not stand in the way of people trying to improve themselves. Therefore I have attached the call out for workers provided by Decontie Construction. I am not convinced that there will be many Algonquins working there because Quebec requires all workers to have a Quebec construction and safety card. I will discuss more on this topic at our first General Meeting which will be held on September 10th.



NOTICE to Eagle Village Community Members

**Closing of Taxi-Tem Business
on Tuesday
September 15th, 2015**

**More information
on Page 6**

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Eagle Village First Nation
P.O. Box 756 Temiscaming
QC J0Z 3R0
Tel: (819) 627-3455
Fax: (819) 627-9428
Toll Free: 1-888-229-3224



Eagle Village
Health Centre
3 Ogima Street
Kipawa, QC J0Z 2H0
Tel: (819) 627-9060
Fax: (819) 627-1885



Eagle Village
Police Department
2 Ogima Street
Kipawa, QC J0Z 2H0
Tel: (819) 627-9624/8229

Update from the Chief con't

The council has given a contract to Jim Morrison; a historian, to finalize our research and fill in gaps especially around the Mattawa area where we have limited information. We will also have Terry Tobias who will be meeting with our community members to do current and traditional use mapping. This project is a carry-over from the work the previous council had started and we will complete that work this fall. We are compiling a list of individuals of whom we think should be interviewed and I will be calling each of you to assist us in getting this work done. All of this data will belong to Eagle Village and we will start to store all documents in our own database which we will create. In closing, I would personally like to thank former Chief Jimmy Constant who has agreed to be interviewed as a part of this project, but more importantly that he had the wisdom to hold on to and kept all the oral testimony and transcripts from when our members had to go to court to fight hunting and fishing charges. These transcripts are recordings and are invaluable as they contain the stories and history of many of our members who have now passed. I am grateful that he has given them to me to document, organize and file so that we have these records forever.

Chief Lance Haymond

Four Algonquin First Nations Call for Protection of Algonquin Sacred Area and Oppose Re-Zoning of Lands for Windmill Development Project

(Algonquin Territory/August 18, 2015) The duly elected Chiefs and Councils from four Algonquin First Nations (Wolf Lake, Timiskaming, Eagle Village, Barriere Lake) announced today their adoption of Council Resolutions calling for the protection of an important Algonquin sacred area on the Ottawa River between the cities of Hull and Ottawa and opposing the amendment of the National Capital Commission and City of Ottawa's Master-Plans to re-zone the Chaudiere and Albert Islands from "parks and open space" to "mixed-use" for the massive proposed Windmill urban development.

The long industrialized Akikodjiwan (Chaudiere) waterfalls and the adjacent Gatineau waterfront and Chaudiere, Albert and Victoria islands remain a sacred area for all Algonquin Peoples and should not be privatized. These are lands taken illegally, acquired by the federal government and leased to some of the power companies and pulpmills that destroyed Algonquin Territory and Algonquin livelihoods.

In 1613, Samuel du Champlain witnessed our Algonquin Peoples making a tobacco offering to our sacred waterfalls for good travel and good health in accordance with traditional Algonquin custom and in 1801, when Philemon Wright arrived in what is now known as Hull (Gatineau), Quebec he witnessed Algonquin Peoples' hunting and operating sugar bush camps on the North shore of our sacred area Akikodjiwan (Chaudiere) waterfalls.

Our four First Nations are confirming we were not consulted by the governments of Canada, Quebec or Ontario, or the National Capital Commission or the municipalities of Gatineau or Ottawa regarding changes to the status of lands and islands within our Algonquin sacred area Akikodjiwan.

Our four Algonquin First Nations are also confirming our opposition to the re-zoning of our sacred area Akikodjiwan (Chaudiere, Albert and Victoria islands in Ontario) from parks and open space to mixed use. As such, our four Algonquin First Nations confirm we are opposed to the Windmill Development Project proceeding within our sacred area Akikodjiwan.

Our four Algonquin First Nations call for our sacred area Akikodjiwan to be protected in perpetuity and recognized within the National Capital Region as an **Algonquin Nation Cultural Park and Historic Commemoration Site** under an Algonquin controlled institution to be established by the legitimate Algonquin First Nations.

Therefore, our four Algonquin First Nations call on the governments of Canada, Quebec, Ontario, the National Capital Commission and the municipalities of Gatineau and Ottawa to contact our duly elected Algonquin Chiefs and Councils to discuss the establishment of our proposed **Algonquin Nation Cultural Park and Historic Commemoration Site**.

Local First Nation Human Resources

Glenda Moore - LFNHR Manager Tel: 819-627-3455 Fax: 819-627-9428 Email: glenda.moore@evfn.ca

Information on Employment Insurance Economic Region 18 (North-West of Quebec)

NOTE: A minimum of 910 hours is the qualifying period may need to qualify; EXAMPLE: If you are in the work force for the **first time** or if you are **re-entering** the work force after an absence of two years. If you apply for special benefits, you will need 600 hours of work. It is strongly recommended to check with your local Service Canada Center for the minimum number of hours required to qualify. *Please note that the number of insurable hours required are based on where you live and the unemployment rate in your economic region at the time of filing your claim for benefits.*

Unemployment Rate Stats Can – 2001	Unemployment Rate Stats Can – 2006	Unemployment Rate Stats Can – 2011	Unemployment Rate: July 12th - Aug 8th 2015	Min. # of Hours Required	Min. # of Weeks Payable
21.7%	14.3%	N/D	8.7	595	18
Unemployment Rate Stats Can – 2001	Unemployment Rate Stats Can – 2006	Unemployment Rate Stats Can – 2011	Unemployment Rate: Aug 9th - Sept 5th 2015	Min. # of Hours Required	Min. # of Weeks Payable
21.7%	14.3%	N/D	8.8	595	18

SERVICE CANADA

Outreach Site is located at: Le Centre - 20 Humphrey Street, Temiscaming, Quebec
9:30 am to 12:00 pm and 1:00 pm to 3:00 pm

You can call the Center at 819-627-3230 for more information.

Adult Education

If you intend to go or are returning to Adult Education starting in September 2015 please contact Glenda (819-627-3455 extension 204) in order to have all paper work completed before starting.

OUT OF OFFICE:

I will be out of office in October (no date at this time) Regional Commission meeting in Montreal.

Education Department

2nd Annual Soap Box Derby

On Monday August 24th, the youth competed in the 2nd annual soap box derby.

The three racers each received a participation prize of \$50 for the Galaxy theatres in North Bay.

The event was organized by Wanda Hunter through the Education Department.



1st place winner of \$100 was Titan Trepanier
2nd place winner of \$75 was Austin Labelle
3rd place winner of \$50 was Desiree Down

Land Management

Message from the Land Management Office

The main purpose is to harmonize the future forestry operation sectors with the provincial government. As summer comes to a close and we get back to a regular routine we will once again start up our regular MNR meeting's here at the office. Below you will see the list of the sectors that we will continue to discuss with the MNR for September.

- **Anderson** is located a few kilometers north of Mattawa across the River on the Quebec side.
- **Hamilton** is located south of Garden Lake and East of Blue Lake.
- **Morgan/Sandeau** located next to Sandy Lake.
- **Revolver** which is located south of Lake Du Fils.

The Rexforet project with the 9 students is nearing its completion towards the end of September. During this training time a representative from Rexforet made several unannounced field visits to see how the work was going. These field visits are necessary to document and assess each individual's progress.

As always we look forward to seeing Members drop by with their comments and/or concerns especially about the 2016-2017 operational sectors that was presented to us in July.

The Land Management Team

Eagle Village Housing Department

Inspecting your home on a regular basis and following good maintenance practices are the best ways to protect your investment in your home. A regular schedule of seasonal maintenance can put a stop to the most common and costly problems, before they occur. Fall is the time to get your home ready for the coming winter, which can be the most grueling season for your home.

Fall tips

- ☐ Clean leaves from eaves troughs and roof, and test downspouts to ensure proper drainage from the roof.
- ☐ Ensure that the ground around your home slopes away from the foundation wall, so that water does not drain into your basement.
- ☐ Winterize landscaping, for example, store outdoor furniture, prepare gardens and, if necessary, protect young trees or bushes for winter.
- ☐ Drain and store outdoor hoses. Close valve to outdoor hose connection and drain the hose bib (exterior faucet), unless your house has frost proof hose bibs.
- ☐ Cover outside of air conditioning units.
- ☐ Check chimneys for obstructions such as nests.
- ☐ Ensure all doors to the outside shut tightly, and check other doors for ease of use. Renew door weather-stripping if required.
- ☐ Ensure windows close tightly.
- ☐ Check and clean or replace furnace air filters each month during the heating season and have furnace or heating system serviced by a qualified service company every two years for a gas furnace, and every year for an oil furnace.
- ☐ Examine the forced air furnace fan belt for wear, looseness or noise; clean fan blades of any dirt buildup (after disconnecting the electricity to the motor first).
- ☐ Remove the grilles on forced air systems and vacuum inside the ducts.

CMHC

Eagle Village Housing Department

HOUSES FOR SALE

**Please contact the Housing Department for more details and information
Phone: 819-627-3455 Ext 202**



Located at 25 Amik Crescent



Located at 308 Amik Avenue



Located at 70 Wagosh Crescent



Located at 432 Ogima Street



Located at 63 Wagosh Crescent

Contact the Housing Department or
text / call Lynda Chevrier
705-358-4410
for more info or to arrange a viewing.

Economic Development

NOTICE: **CLOSING OF TAXI-TEM BUSINESS**

To: Eagle Village Community Members

From: Chief and Council

After many years in service, Taxi-Tem will officially be closing down. The last day of operation will be September 15th, 2015. Until that date, service will continue to be provided to our community.

Thank you for your support over these many years that Taxi Tem has been in operation.

Sincerely,

Justin Roy

Economic Development Officer

Eagle Village First Nation

819-627-3455

TAXI-TEM **VEHICLE & ASSET SILENT AUCTION**

With the closing of Taxi-Tem, September 15th, we will begin to auction off all assets associated with the business. We will have a silent auction beginning from the date the newsletter is released until September 14th at 4:30pm. For all EVFN members interested in putting in a bid for any one of the Taxi-Tem assets you can come by my office to submit a bid in a **sealed envelope**. All bids will remain confidential and on September 14th all envelopes will be opened and the **highest bidder** for each individual asset will have the right to buy that asset.

If you would like to inquire or view any of the assets please contact Justin Roy at 819-627-3455.

The assets that will be auctioned off will include:

- 2012 Nissan Altima with 162,537 kms
- 2010 Dodge Caravan with 277,689 kms
- 2 Taxi Meters
- Radio Equipment

Arbour

We would like to remind people that the Arbour is a monument to show our respect to the Residential School Survivors.

Parents, please remind your children that they should not be riding their bikes or skateboarding on it.

8th Annual Kipawa Countryfest



Kira Isabella

(Picture submitted by: Keith Benard Photography)



Joe Diffie

(Picture submitted by: Keith Benard Photography)

Kipawa Countryfest weekend was a great success filled with music and fun! We had a record breaking crowd this year, selling more wristbands than we have in the past. We had a lot of new comers and a total of 90 campers. All throughout the weekend we once again received so many wonderful and positive comments from the entertainers and the fans. « On behalf of my band, The Riders and myself, a big THANK YOU for a really nice and pro event! Everything was above and beyond music industry standards. Very impressive indeed! Hope you had a great and successful weekend! » commented Nelson Colt

It's such a good feeling to know that we must be doing something right which makes all the planning and organizing worth it. Everyone was out to have a good time and we couldn't have asked for a better weekend.

The Countryfest Executive Committee



Jennifer Chevrier, Roxane McKenzie, Joe Diffie,
Gail Jawbone, Tina Chevrier

(Picture submitted by: Keith Benard Photography)

It was full of sunshine and although just a little too hot at times it sure beats the cold rainy days we've had in the past. The people really appreciated the huge tent we provide each year so they can take shelter from the heat (or the rain haha).

It's thanks to our wonderful set-up crew for putting up the tent. We appreciate and are very grateful for all their hard work preparing the Countryfest grounds as well for the cleanup afterwards.

We'd like to say thank you to all our sponsors, prize donations and everyone, who helped out in any way, and without our amazing volunteers, Countryfest would not be possible, it's nice to see people pitch in and give a helping hand where needed so a big cheer to all of you for a job well done! We'd also like to say thank you to everyone for coming out and supporting the 8th annual Kipawa Countryfest, making this event a huge summer highlight for many!

Winning Countryfest wristband numbers of prizes still unclaimed.

Adult: #052 - #574 - #351 - #666 Youth: #172 - #165 - #199 - #195 - #176 - #160

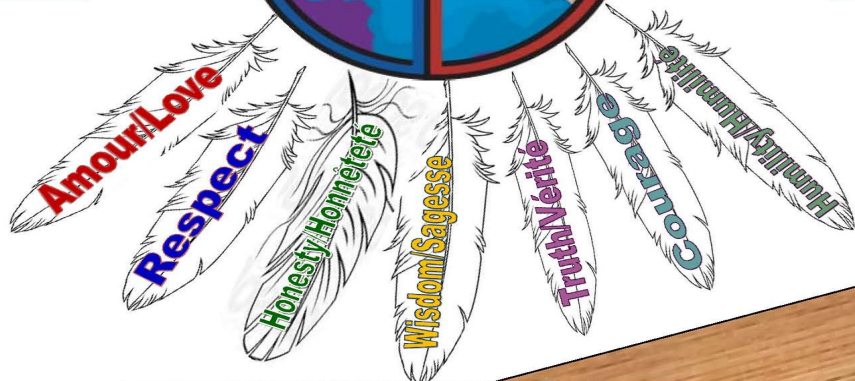
Bring your wristband into the office if you have any of the winning numbers to claim your prize.

**We'll see you next year for the 9th annual Kipawa Countryfest
August 19-20-21, 2016!**

Poster was created by the members of EVFN who attended the Tribal Council Culture Camp in Kitcisakic during the week of August 10th, 2015. Lois Tepiscum, Clara Moore, Marshall Mongrain, Dakota Hunter and McKinnely Moore.

Anishinabe Cultural Camp
Kokom Anishinabe Kabeshinàn
Camp culturel anishinabe

Les enseignements
 Their teachings



Ils étaient
 présents






They were
 there



Un projet réalisé par le Conseil tribal de la nation algonquine anishinabeg et le groupe Mamawi Anishinabe Kokomisaj et financé par Patrimoine Canada.

A project realized by the Algonquin Anishinabeg Nation Tribal Council and the Mamawi Anishinabe Kokomisaj group and funded by Heritage Canada



TITANS 2015-2016

HOME GAME SCHEDULE

DATE	TIME	OPPONENT
September 4, 2015	7:00 p.m.	Exhibition Game
September 11, 2015	8:00 p.m.	Parry Sound Islanders
September 18, 2015	8:00 p.m.	Sturgeon Falls Lumberjacks
September 25, 2015	8:00 p.m.	Coldwater Falcons
October 2, 2015	8:00 p.m.	Haliburton Wolves
October 16, 2015	8:00 p.m.	Sturgeon Falls Lumberjacks
October 23, 2015	8:00 p.m.	Coldwater Falcons
October 24, 2015	2:00 p.m.	Almaguin Spartans
October 31, 2015	2:00 p.m.	Bobcaygeon Storm
November 6, 2015	8:00 p.m.	Grey County Grizzlies
November 13, 2015	8:00 p.m.	Haliburton Wolves
November 20, 2015	8:00 p.m.	Sturgeon Falls Lumberjacks
December 11, 2015	8:00 p.m.	Almaguin Spartans
December 18, 2015	8:00 p.m.	Bobcaygeon Storm
December 19, 2015	2:00 p.m.	Seguin Huskies
January 8, 2016	8:00 p.m.	Bracebridge Blues
January 9, 2016	2:00 p.m.	Seguin Huskies
January 15, 2016	8:00 p.m.	South Muskoka Shield
January 29, 2016	8:00 p.m.	Bracebridge Blues
February 12, 2016	8:00 p.m.	Sturgeon Falls Lumberjacks
February 13, 2016	2:00 p.m.	Almaguin Spartans

Exhibition Game the bus will begin pick up at 6:30 p.m.

Regular Games bus will begin pick up an hour before the game.

**** Please bring a non-perishable food item for the food bank ****

Community Notes and Information

KIPAWA BAIT & TACKLE

WORMS
LEECHES



ICE
FROZEN BAIT

819-627-3595

560 Kipawa Road, Kipawa, Que J0Z 2H0
www.kipawabaitandtackle.com

Business Hours

Monday – Tuesday – Wednesday

8 am – 12 pm, 1 pm – 5 pm

Thursday 8 am – 6 pm

Friday 8 am – 7 pm

Saturday 8 am – 4 pm

Sunday 10 am – 2 pm

NON-RESIDENT FEES

**for all Community Members
Living On-Reserve**

Anyone who registers for an activity/sport at The Centre in Temiscaming and is charged a Non-Resident Fee, please bring your receipt to Roxane at the Band Office to have the NON-RESIDENT portion of the fee reimbursed.

Receipts can be submitted at anytime, however, these fees will only be reimbursed on the last Thursday of each month.

**THE JULY DEADLINE FOR NON-RESIDENT FEES
IS SEPTEMBER 23RD, 2015 AT 12:00 PM**

PLEASE NOTE THAT NON-RESIDENT FEES WILL
ONLY BE ACCEPTED FOR THE FISCAL YEAR
OF APRIL 1, 2015 - MARCH 31, 2016

Congratulations Gusso!

Fur Harvesters
AUCTION INC.



TOP LOT AWARD / MEILLEUR LOT

This award is presented to / Ce prix est présenté à

CARL (JR) MONGRAIN

in recognition of the exceptional
handling and quality of one or
more skins in the top bundle of

en reconnaissance de l'apprêtage et
qualité exceptionnel d'une ou
plusieurs peaux dans le meilleur lot de

BEAVER/CASTOR

purchased at / acheté à l'encan de

January 2015/Janvier 2015

sale of the / de

Fur Harvesters
AUCTION INC.



Traditional Source of the Finest in North American Wild Furs.

NORTH BAY
CANADA

Note to all Members

**Deadline for submissions is the 25th
of every month for the following month.**

**Please send your submissions to
donna.pariseau@evfn.ca or
tina.chevrier@evfn.ca**

**You can also subscribe to receive an
electronic newsletter sent to your email.**

**TAXI TEM PHONE NUMBER
819-627-3331**

HOURS OF OPERATION

**MONDAY - TUESDAY - WEDNESDAY
8:00 am to 5:00 pm**

**THURSDAY – 8:00 am to FRIDAY – 5:00 am
FRIDAY – 8:00 am to SATURDAY – 5:00 am
SATURDAY – 8:00 am to SUNDAY – 5:00 am
SUNDAY – 8:00 am to SUNDAY – 10:00 pm**



Happy Birthday to Brandon on
September 23rd.

Love Mom, Dad & Cameron

Community Wishes for September



Happy 2nd Birthday to my very special big twin brothers Keshon and Kobe!!

Love Always and Forever, your little sister Kaylee xoxo



Two Angels sent from heaven above, double the blessings and twice the love. Wishing our handsome little men a Happy 2nd Birthday!! You both are such smart, sweet, and loving little boys. We can't be more proud of you both!!

Love Always and Forever, Mommy & Daddy xoxo



Twice the wishes for a birthday that is packed with twice the fun!! Happy 2nd Birthday to my little munchkins!!

Love Always and Forever, Papa xoxo



Happy Birthday to my favourite twin brother Kobe. It is so easy for me to remember your birthday!!

Love Always and Forever, Keshon xoxo



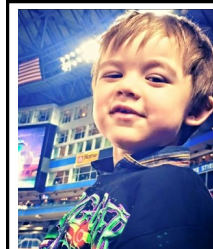
A brother like you is a little piece of childhood that can't even be lost. Happy 2nd Birthday to my favourite twin brother Keshon!!

Love Always and Forever, Kobe xoxo



Happy "Belated" Birthday to my husband Francis Honen who celebrated his 84th birthday on August 23rd.

Love your wife, Elizabeth



Kid you'll move mountains! -Dr Seuss Jude celebrates his 3rd Birthday on Sept.12th! Wishing him health, happiness, & LOTS of love.

Mommy, Daddy, Memaw, Poppa, Frankee, & Rocky



Happy 3rd Anniversary on September 29th to my beautiful wife, Cary!

From your husband, Jungo



Wishing Meghan a great first year in the Welder-Fitter - Mechanical Technician program, at Canadore College.

Mom, Dad, Jamie-Lee & Dylan



Happy Belated 26th Birthday to Jamie-Lee on August 25th & Happy 22nd Birthday to Dylan on September 27th.

Love Mom, Dad & Meghan



Happy 20th Birthday Collin, on September 18th.

Love Mom, Dad & your Brothers

An Update from the Health Director

Meetings attended in August:

- First Nation Information and Governance Center (FNIGC) research telephone interview on the 26th
- Teleconference on August 25th Coalition for English speaking First Nations in Quebec.
- Conference call with health Canada on the 27th for Traditional wild meat handling and disease training.

Upcoming in September:

- NIHB working group 2nd & 3rd in Montreal with Priscillia.
- QC Health Director Network and BOD of FNQLHSSC from 14th to 18th

Files in motion at our Health Center:

- General intent to takeover of Home Support Program managed by Centre Jeunesse. Study underway for possible fall implementation.
- Coalition for English speaking First nations Communities project continuation and local research in accessing Social Services in English.
- Collaborative agreement work with TFN & LPFN in mental health crisis is on-going.
- Protocol agreement with CISSS for nursing orders, on-going.
- Updating on data and client file information management system.
- Proposal development for training on wild meat handling.

IMPORTANT FOR ALL MOOSE HUNTER AND TRAPPERS

Your Health Center with the financial support of Health Canada regional office and the expertise of aveterinarian / pathologist , is putting together a 2 and a half day training pertaining to the handling of traditional wild meat and animals and the detection of their common diseases. Our target date will be sometime in mid to late January 2016 and will be held at our community hall. As I receive more information from the talks with our partners at Health Canada, I will make sure it is passed on in a timely manner. Our plan is to maximize the impact of this training so we will be inviting a dozen members from each of our neighbouring communities of Timiskaming and Long Point First Nation.

That being said, from now till our training, I am asking that should you happen to harvest a moose, deer, or bear that is not normal looking (not safe for consumption) please take pictures with your smart phone or camera and get in touch with myself , Virginia McMartin or Tina Chevrier so we can make arrangements to have some of it frozen and consequently used for our training. This goes the same for the fur bearing animals that you skin such as wolf, coyote, beaver and members of the mustelidae family (weasel, otter, mink, marten, fisher). Please do not hesitate to get in touch with me for more information.

Quotes on life:

Life isn't about finding yourself. Life is about creating yourself.

[George Bernard Shaw](#)

**Our prime purpose in this life is to help others.
And if you can't help them, at least don't hurt them.**

[Dalai Lama](#)

Medical Transportation

Medical Transportation is managed by the provincial region of **your residence**. Other benefit information can also be accessed through the general inquiry lines below (eye and vision care, pharmacy, medical supplies and medical equipment, short-term crisis intervention).

- British Columbia: 1-800-317-7878
- Alberta: 1-800-232-7301
- Saskatchewan: 1-866-885-3933
- Manitoba: 1-877-983-0911
- Ontario: 1-800-640-0642
- Quebec: 1-877-483-1575
- Atlantic (PEI., NS, NB, NL): 1-800-565-3294

For Dental only the program is National so the number to call is: **1-855-618-6291**.

IMPORTANT NOTICE FOR THOSE REQUIRING MEDICAL TRANSPORTATION

PLEASE CALL TO MAKE ARRANGEMENTS FOR MEDICAL TRANSPORTATION AS SOON AS YOU HAVE THE DATE FOR YOUR APPOINTMENT TO ENSURE WE CAN PROVIDE YOU WITH A RIDE.

THIS WILL ENABLE US TO SCHEDULE ALL TRIPS ACCORDINGLY.

THANK YOU

Eagle Village Health Centre
3 Ogima Street
Eagle Village First Nation
Kipawa QC J0Z 2H0
Tel: (819) 627-9060 Fax: (819) 627-1885

MEDICAL VISIT ATTESTATION

This is to certify that _____
was here to receive professional services from _____ (Name and Title of Professional)
at _____ (Address), this _____ (Date), at _____ (Time)

Professional or Delegated Authority Signature
Signature du professionnel ou personne autorisée

Please affix your official stamp.
S.V.P. veuillez apposer votre estamp.

REMINDER

The **SEPTEMBER** deadline for Medical Transportation Claims is **Thursday September 24th, 2015 at 12:00 pm.**

Those who still have unresolved claims, please contact Priscillia at the Health Centre (819-627-9060) at your earliest convenience. Keeping our files up to date allows us to continue delivering medical transportation services from our community.

In keeping with the policy framework on medical transportation from the First Nations and Inuit Health Branch of the Quebec Region, the following is required in order for a member of Eagle Village First Nation residing in Quebec, to be reimbursed for expenses related;

- **All members must acquire the medical visit attestation forms from the Health Centre**
- **All members must have the medical visit attestation form filled out by the professional they are seeing or a designated representative of his or her practice of the health facility at the end of each and every visit.**

Medical Transportation

- **When all possible, an office stamp must be affixed in the appropriate place on form.**
- **When utilizing our means of medical transportation, completed medical visit attestations must be handed to medical driver.**
- **When travelling by your own means, within 30 days, completed medical visit attestations must be handed in to the Health Centre for processing and eventual payment.**
- **Clients are asked to submit their forms before April 15th for all trips done before March 31st of the current year.**

Special note: All claims presented for reimbursement may be subject to verifications.

We often get asked questions regarding these forms. All forms must be properly completed to be eligible and it's the client's responsibility to ensure that it is correct.

Here are some frequently asked questions:

- I could not get the stamp, what do I do?
Answer: Sometimes you may have difficulty getting a stamp. Most places have a stamp, you just need to ask. Parking receipts can be attached as well.
- I forgot an attestation, what do I do?
Answer: You can get the hospital to print one out with hospital letterhead or have the doctor write it out on a letterhead as long as all the information is there. (Who, What, Where, When)

When we receive your attestations, the reason for visit must be eligible and fall within the following categories. If you are not sure if your appointment is eligible, please call me.

HEALTH CARE SPECIALTY or REASON TO TRAVEL

Addiction (NNADAP), Allergist, Anaesthesiology, Audiology, Cardiology, Cardiovascular or Thoracic Surgery, CT Scanning, Dentist (General), Dentist (Specialist), Dermatologist, Diabetes (Endocrinologist), Diabetic Counselling/Testing, Dialysis, Dietician (only consultations covered by RAMQ), Gastroenterologist, General Practitioner, General Surgery, Gerontology, Gynaecology / Obstetrics, Haematology, Hospital/Facility – Admission, Hospital/Facility – Discharge, Hospital/Facility – Emergency, Infectious Diseases, Laboratory, Medical Geneticist, Midwifery, Nephrologist, Neurologist, Nuclear Medicine, Occupational Therapist (only consultations covered by RAMQ), Oncology, Ophthalmology, Optician, Optometry, Oral Surgery, Orthodontics, Orthopaedics, Orthotics/ Prosthetics, Otolaryngologist (ENT), Paediatrics, Pathology, Physiotherapy (only treatments covered by RAMQ), Psychiatry, Psychology (only therapies covered by NIHB or RAMQ), Pneumatology, Radiation Treatment, Radiology (X-RAY), Rehabilitation, Rheumatology, Speech Therapy, Supervised dosing of medication (e.g. methadone), Surgery, Traditional Healer, Ultrasound, Urology, Vascular Surgery

Why?

Because Health Canada requires the proper justification for auditing purposes. We are obligated to submit reports on our financial and activity. This ensures that we receive the proper budget for our operations and to give you access to your health services.

Addictions and Wellness

Thank you for your participation on our annual canoe outings

Throughout the summer months many kilometres has been paddled on the many lakes and rivers in the area. We appreciate your presence to all that have been canoeing this season, and look forward to the next opportunity to continue to have group outings within the area.

Our canoeing routes this year:

6 km route; Tee Lake to Cole Pit Bay

10km route; On lake Ostaboningue

42km route; Hunters Point to Kipawa



Moose Hunting Invitation

As the fall time approaches we would like to introduce an opportunity for the teenagers and first time moose hunters to participate in moose hunting and setting some fishing nets for a group fish fry after the moose hunting outing.

Teenagers please submit your name if interested in hunting and having a group overnight outdoor experience. In making a success for first time hunters, we are looking for experienced hunters to share a little of their knowledge, we will provide transportation/ food and cooking supplies. An honorarium will be paid for your time and knowledge.

By signing up before September 16th we can arrange a selected date and can work with people's schedules (During the week of September 21? Or weekend of September 25? Or other dates?) By signing up for availability we can provide a call back to confirm the date/time of departure and necessary logistics.

For further information please call Rod at the Health Center 819 627 9060, or leave name and contact information with receptionist.

Migwetch

Addictions and Wellness



Family Movie Night at Galaxy Cinema in North Bay!!

Wednesday September 23rd, 2015

Drug & Alcohol-free Activity

If you are interested, please call Vicky Constant at the Health Centre (819)627-9060, leave message (name & contact number) if no answer.
Thank you.

If anyone would be interested in participating in a 'Jam Night' at the Dome, please give me (Vicky), a call at the Health Centre (819) 627-9060 Ext. 258.

I would like to hear your thoughts and/or ideas !!

Our community has a lot of musical talent ... why not show it off !?

All Ages Welcome !!

Please note that this will be an ALCOHOL & DRUG free event.



I would like to wish all the students returning back to school, a very successful school year, and hard work pays off so give it your all and never give up!!



***September*
Topic to be determined, watch for more information!**

TALKING TO YOUR KIDS ABOUT THE DANGERS OF PRESCRIPTION DRUGS

Something that parents should do: Educate your children – adolescents and teens – about the dangers of using prescription drugs non-medically. When is the best time to start having these conversations? Experts say the earlier you begin talking with your children, the better. That's so that they are used to you communicating with them about all kinds of situations, dangers and risks, as they are growing and accumulating knowledge about the world – before something happens and it's too late.

What are some of the things you should say?

Parents have to take into consideration the ages of the children and formulate their discussion accordingly. But many adults and parents don't understand the dangers of intentionally abusing prescription drugs to get high and, as a result, don't discuss such dangerous behavior with their children. Experts say that intentionally abusing medications – taking them in order to get high — are no safer than intentionally abusing alcohol, marijuana, cocaine, methamphetamine or other illegal drugs.

Addictions and Wellness

Just because a medication has been prescribed for one person doesn't mean it is safe. The same thing holds true for over-the-counter (OTC) drugs, those sold without the need for a prescription. Many parents and adults feel that because you don't need a prescription, they must be safe. That's completely off base.

Does talking with your children about the dangers of intentional use of medications to get high have an effect?

According to surveys from the Partnership for a Drug-Free America, teens who report that they learn a great deal about the risks of using drugs from their parents say that they are 50 percent less likely to use them. But the same survey finds that less than one-third of teens say they "learn a lot about the risks of drugs" from their parents.

Why are teens abusing drugs intended for use as prescription medication?

This all boils down to the four A's: availability, access, awareness, and attitude.

Drugs are everywhere, so availability doesn't seem to be a problem for teens looking for prescription drugs to use to get high. They have access via the Internet, their parents' medicine cabinet, and their friends. Teens today are more aware about drugs because of TV advertising and what they see on the Internet. And teens have the attitude that prescription and OTC drugs are less dangerous to use than illegal substances.

As for age-appropriate discussions to inform your children about the dangers of using prescription and OTC drugs, keep the following in mind:

Pre-school:

Children at this age know basic "good" and "bad" concepts. They can understand rules that are simple but cannot grasp complex concepts. They should be taught that they should never put any medicine into their mouths that someone else gives them; unless it's someone the parents have given permission to do so. Medicines should be kept in a locked cabinet.

Kindergarten through grade 3 (ages 5 through 8):

Now is the time when young children begin to see TV ads for medicines. They also hear other people talk about taking medicine. Explain that medication can be useful when someone is sick, but only when taken as the doctor prescribes. Otherwise, they can be hurtful. Reinforce that the child should never take medicine someone else tries to give them, unless the parent has given permission for that person to do so.

Start talking about alcohol, tobacco and drugs by giving brief explanations of what they are. Keep all medications, OTC drugs, and vitamins out of reach.

Grades four through six (ages 9 through 11):

A startling fact is that at this age, one in seven children has been offered a drug. Now is the time to start giving children more specific information about the dangers of drug use. It's also a time when they're more curious about how their body works and are ready to receive more complex information than when they were younger. Talk with children about why some people abuse prescription and OTC drugs. Talk about how such misuse can harm a person's body and mind. Help them practice different ways of saying "No" to invitations or offers to do drugs by others. Be prepared to answer any questions about your own drug use. Establish rules and enforce consequences about any drug or alcohol use or misuse.

Addictions and Wellness

Monitor any prescription drug use, lock all medications away, and remind children that prescription and OTC drug use can be just as harmful as illegal drugs when not taken as directed.

Grades 7 through 9 (ages 12 through 14):

Trying to fit in and establish their own identity, kids in this age group have been increasingly exposed to drugs and drug use and to seeing older teens doing drugs without any apparent ill effects or consequences. At this age, they may tend to over estimate the number of kids their own age who are doing drugs and may believe they need to use them in order to fit in. Parents should talk with their kids about the bad effects – vomiting, bad taste, not being able to remember what they did, dangers of unwanted sexual behavior – to combat abusing

prescription or OTC drugs. Talk about the child's goals for the future, and how using drugs can sabotage such plans, hurt friendships, jeopardizes job opportunities and more.

Grades 10 through 12 (ages 15 through 17):

At this age, teens are much more exposed to other teens doing drugs and have much more opportunity and temptation to do drugs because of a larger peer network because they're driving. Talk with these teens about the dangers of drug use and driving or riding with a driver who's been taking drugs and/or alcohol. Mention how drug use can threaten plans for college or a job – since teens at this point are generally thinking about their future. Monitor any prescription drug use and keep all medications in a locked cabinet.

Sharing Meds is never a Good Idea

In the end, there's never a good reason to share prescription medications with anyone else. You don't want to be responsible for the consequences and you'd never be able to forgive yourself if that person suffered serious consequences or died as a result of taking medication prescribed for you.

Statistics may frighten you but it only takes one time for statistics to hit home. It's simply not worth the risk. The truth is that all medication – prescription and OTC drugs – can be as harmful to a human being as any illegal drugs. Taking them indiscriminately, or to get high, is playing a game of Russian roulette. Sooner or later, there are bound to be tragic consequences.

It's a tough subject, especially if you have teens that are already beginning to experiment with drug use. You may think that it's too late to begin a discussion about the dangers of sharing prescription drugs as well as abuse of illegal drugs, but it isn't. By the same token, get a handle on your own tendency to freely dispense pills you have at your disposal. You're not doing anyone any favors by handing them out to someone else.

Bottom line: Never share prescription medications with anyone. It's a bad idea and the results could be tragic.

Source: <http://www.lockthecabinet.com/news/never-share-your-prescription-meds/>



**Stacey, Darlene & Kim
will be away on training from
September 28th—October 2nd.**

**If you require assistance please
contact the Health Centre.**

**We are now located upstairs at the
Youth Center,
our new phone number is
819-627-9877.**

Come celebrate our
GRAND OPENING!

**Join First Line Services for the Grand
Opening at their new location! There
will be coffee, tea & snacks.**

**When: September 11th
From 9:00AM-12:00PM
Top Floor of the Youth Center**

**If you would like to participate in the
door prize, a non-perishable
food item is required.**

Community Kitchen: Taco Lasagna



**Wednesday, September 9th
5:30PM—6:30PM
@ Community Hall**

**To register contact
First Line Services @ 819-627-9877**

Family Movie Night Home



September 15th, 2015

Movie Starts @ 6:00PM

Snacks available \$0.50

FREE SANDWICHES!

You will be given a ballot for the DVD shown.

Must be present to win.

All children under 8 requires a chaperon.

First-Line Services

Thanks to all who have donated to the foodbank to date! In case you are not aware; we have placed a donation box at the local IGA.

If you are not sure about what to donate, here is a list of items...

- **Canned Fish/Meat (e.g. tuna, ham, turkey)**
- **Healthy Cereal (Hot or Cold)**
- **Meals in a Tin (e.g. Pork n' Beans or Stew)**
- **Canned Vegetables and Canned Fruit**
- **Wholegrain Pasta/Rice**
- **Pasta Sauces**
- **Canned and Dry Soups**
- **Peanut Butter**
- **Mac & Cheese**
- **Toiletries**



Salsa/Sauce Making Workshop

September 24, 2015
at 9:00 am

at Eagle Village Community Hall

If interested please contact Kim at
819-627-9877

ULTIMATE GREEK CHOPPED SALAD



*** Gluten-Free ***

Ingredients

- 1 hothouse cucumber
- 4-5 ripe roma tomatoes
- 1 large red bell pepper
- 1 small red onion
- 15 oz. can garbanzo beans (chickpeas), rinsed and drained
- Optional: olives, feta, pepperoncini

{For the dressing}

- 3 Tbsp. red wine vinegar
- 1/4 cup olive oil
- 2 tsp. dried oregano
- 1/4 tsp. salt

Directions

Make the dressing: in a small bowl, combine all ingredients and whisk to combine. Set aside.
Dice the cucumber, onion, bell pepper and tomatoes (removing any excess liquid from tomatoes). Put vegetables and garbanzo beans in a large bowl. Add dressing and toss to combine. Can eat immediately or refrigerate for at least an hour to let flavors combine. Some dressing will settle on the bottom, so stir before serving.



DRUMFIT®

BRAIN. BODY. BEAT.

CLASSES OFFERED HERE!

*DrumFIT® is the high-energy cardio drumming workout made fun for **EVERYONE!** Come beat away your stress while burning **600-800** calories per class! You have never had this much fun staying fit!*

Eagle Village Community Hall

Classes begin September 14th

Every Monday & Wednesday

For more info, contact First Line Services

WWW.DRUM.FIT

First Line Services - Magic Show

**Thank you to all youth and parents who came to see "The Magic of Christophe"!!
It was an amazing show!! We had a great turn out, one of the most successful events this summer!!
A special thanks for the Food Bank Donations!!**



Monster Bingo 25 000\$ in prize

Cards are on sale for *50.00\$*.
at the radio station CKAG FM
till September 19, at 12:00 pm.

At the entrance, they will be
sold at the price of 60.00\$.
Doors will open at 12:00 pm.

*The profits of this bingo will go
to the radio station CKAG FM
100,1*

Welcome to all!!!

Saturday, September
19, 2015 at 2:00 pm in
Pikogan



For information:
819-727-3237

Jack Pot 7 000\$

Reminder Sheet for Upcoming Important Dates

SEPTEMBER 2015

September 5th - Community Shopping Trip to North Bay

September 7th - Band Office and Health Center are closed for Labour Day Holiday

September 9th - Community Kitchen

September 15th - Family Movie Night

September 24th - Community Kitchen

September 24th - Deadline for Non-Resident Fee Reimbursement for the Month of September

September 29th - Deadline for Medical Transportation Claims for September

OCTOBER 2015

October 6th - Community Kitchen

October 12th - Band Office and Health Center are closed for Thanksgiving

October 13th - Family Movie Night

October 19th - Federal Election

October 23rd - Teen Halloween Dance Party

October 24th - Adult Halloween Party

Community Shopping Trip

Saturday September 5th, 2015

Leaving the Health Centre at 9:00 am

1st stop will be Northgate Mall and Wal-Mart (10 am to 1:30 p.m.)

2nd stop will be at Fresh Co. Grocery Store (1:30-3:00 pm)

We will leave North Bay at 3:00pm to return to EVFN.



IMPORTANT TO CALL
SPACES LIMITED !!

**Please contact First Line Services at
(819) 627-9877 to submit your name.**



Eagle Village First Nation Community Calendars

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 <u>HOLIDAYS</u> Tina Chevrier Jennifer Presseault	2 BACK TO SCHOOL	3 RECYCLE PICKUP	4	5
6	7 BAND OFFICE AND HEALTH CENTER ARE CLOSED FOR LABOUR DAY HOLIDAY	8	9 Community Kitchen	10 GARBAGE PICKUP	11	12
13	14	15 Family Movie Night	16	17 RECYCLE PICKUP	18	19
20	21	22	23	24 Community Kitchen GARBAGE PICKUP	25	26
27	28 Stacey, Darlene & Kim are away for training (28th - 2nd)	29	30	September 2015		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October 2015				1 RECYCLE PICKUP	2	3
4	5	6 Community Kitchen	7	8 GARBAGE PICKUP	9	10
11	12 BAND OFFICE AND HEALTH CENTER ARE CLOSED FOR THANKSGIVING	13 Family Movie Night	14	15 RECYCLE PICKUP	16	17
18	19 Federal Election	20	21	22 GARBAGE PICKUP	23 Teen Halloween Dance Party	24 Adult Halloween Party
25	26	27	28	29 RECYCLE PICKUP	30	31